



**6th INTERNATIONAL CONFERENCE ON
“SPORT SCIENCES, EDUCATION AND THEIR ROLE IN ACHIEVING THE SUSTAINABLE
DEVELOPMENT AND SOCIAL WELFARE”**

1st – 2nd April, 2021, Elbasan, Albania

Program

APENDIKS 1

PANEL I



1st Session

**ATTITUDE OF PHYSICAL EDUCATION TEACHERS IN BULGARIA DURING THE
PANDEMIC OF COVID-19**

Eleonora MILEVA

PHYSICAL PARAMETERS OF BASKETBALL PLAYERS DURING COVID 19

Afrim BILALI Bruno HOXHA

**RESEARCH ON EXPECTATIONS OF STUDENTS PEDAGOGUES
IN THE FIELD OF PHYSICAL EDUCATION**

Veselina IVANOVA

**CORRELATIONS BETWEEN ARM SPAN AND BODY HEIGHT IN BASKETBALL
TEAMS**

Andi SPAHI¹ Juel JARANI¹

**RELATIONSHIP BETWEEN PHYSICAL EDUCATION WITH THE FIELD OF
MATHEMATICS IN PRIMARY EDUCATION**



Alma MUHARREMI

**CHALLENGES OF SOCIAL WORKERS IN ALBANIA DURING THE COVID
PANDEMIC 19**

Sabina Belshaku, Alisa Biçoku

PANEL I



2nd Session

ELITE SPORTS VS MASSIVE SPORTS, WHICH DOMINATES?

Romina ÇELA¹ Arnaldo BIÇOKU² Geri BIÇOKU³

NURSING STUDENTS` CHALLENGES ABOUT ONLINE LEARNING

Silvana GRIPSHI¹ Çlirim GRIPSHI²

EUROPEAN COMMON MARKET AND SPORTS EMPLOYMENT CONTRACT

Saimir SHATKU¹ Alessandra ROSSI²

**CORRELATION BETWEEN AGILITY AND EXPLOSIVE POWER OF LOWER
LIMBS FOOTBALLERS**

Andi Baze

**ANTHROPOMETRIC AND MOTOR ABILITIES PARAMETERS IN YOUTH
BASKETBALL IN MITROVICA**

Mergim ISTREFI, Andi SPAHI

MODELING AND TRAINING METHODOLOGY RATING OF AMATEUR BOXERS

Sead BUSHATI

PANEL II



1st Parallel Session



**THE DEVELOPMENT OF THE COMPLEX TRAINING OF 9-10-YEAR-OLD
FOOTBALL PLAYERS**

Mikel Cenaj¹, Edmond Biçoku², LyudmilPetrov³

**TRAINING PROGRAM OF RAISING PHYSICAL PARAMETERS IN CHILDREN
VOLLEYBALL PLAYERS**

Anisa NURJA¹

**THE IMPACT OF PHYSICAL EXERCISE AND SPORTS ACTIVITIES ON THE
HEALTH AND EMOTIONAL STATE OF INDIVIDUALS SUFFERING FROM
MENTAL HEALTH PROBLEMS.**

Mikel Cenaj¹, Engjell Spahiu², Flutura Musta³

**ONLINE EDUCATION PROCESS AT UNIVERSITY LEVEL DURING COVID-19
PERIOD**

Meriljan KURTAJ

THEORETICAL PERSPECTIVES OF SOCIAL WORK AT SCHOOL

Alisa Bicoku, Sabina Belshaku

CHARACTERISTICS OF FITNESS CENTER IN KOSOVO

Besnik HUMOLLI¹, Rando KUKELI²

**AN INVESTIGATION STUDY ABOUT THE REFORMS ON PHYSICAL EDUCATION
AND SPORTS AT UNIVERSITY LEVEL**

Fatjon NURJA, Kadri HOXHA, Bardhyl LACEJ

PANEL II



2nd Parallel Session



**EFFECT OF ECCENTRIC TRAINING UNDER ISOKINETIC RESISTANCE OF PULP
MUSCLE TESTS**

Arjan Hyka¹, Aisel Oseku², Surven Metolli³

PROMOTION OF PHYSICAL ACTIVITY AS AN ADDED VALUE TO SOCIETY

Holtjon ORHANI

**ASSESSMENT OF CHALLENGES AND OPPORTUNITIES IN THE DEVELOPMENT
AND MANAGEMENT OF BASKETBALL IN ALBANIA**

Rovena ELMAZI

**A COMPARISON STUDY FOR BMI AND WAIST CIRCUMFERENCE BETWEEN
YOUTH MALE BASKETBALL AND FOOTBALL PLAYERS**

Juel JARANI¹ Florian MUCA²

THE PHILOSOPHY OF PHYSICAL EDUCATION

Andi Çaushi

**GOVERNANCE REALITIES OF THE NATIONAL OLYMPIC COMMITTEE
EVIDENCE FROM THE ALBANIAN NOC**

Kliton MUCA

**SELECTION AND ASSESSMENT OF LOADS
TRAINING UNDER THE ENERGY CRITERION IN THE BOXING**

Sead Bushati, Nelson Hysa

INTERNATIONAL LABOUR ORGANIZATION AND SPORTS HUMAN RIGHTS

Sergio VINCIGUERRA¹ Saimir SHATKU²

PANEL III





1st Parallel Session

NEW CURRICULA OF PHYSICAL EDUCATION IN UNIVERSITY

Blerina MEMA, Keida USHTELENCA

IDENTIFICATION OF CHILDREN WITH COORDINATION SPECTRUM DISORDERS (DCD)

Enis BELLOVA¹

SPORT AND HEALTH EDUCATION A NEW TREND IN ALBANIAN EDUCATION

Florian MUCA

ANTHROPOMETRIC MEASUREMENTS AND THE IMPACT THEY HAVE ON CHILDREN

Genta NALLBANI¹

GENDER COMPARISON FOR FLEXIBILITY AND JUMPING PERFORMANCE IN BASKETBALL AND VOLLEYBALL IN YOUTH

Gentiana NICAJ¹, Ermal MILLA²

FITNESS CENTER IN ALBANIA ABOUT EXERCISE PERIODS AND GENDER PARTICIPATION

Rando KUKELI , Besnik HUMOLLI

A COMPARISON STUDY ON STRENGTH AND POWER ABILITIES IN YOUTH BASKETBALL PLAYERS IN SHKODRA

Ermal MILLA¹

POSTER SESSION



XHEVDET SKILJA
WELL-KNOWN NAME IN THE FIELD OF PHYSICAL EDUCATION

Ardian Shingjergji¹, Marvin Shingjergji²

RESOLVING DISPUTES OF A SPORTS NATURE IN THE REPUBLIC OF ALBANIA

Arnaldo BIÇOKU¹, Romina CELA²

**CHALLENGES OF DISTANCE PHYSICAL EDUCATION DURING THE COVID-19
PANDEMIC IN ALBANIA**

Msc. Madrit Isufi, Svetosllav Stefanov

**A COMPARISON STUDY OF MOTOR ABILITIES IN YOUTH VOLLEYBALL
PLAYERS BY BODY WEIGHT**

Gentiana Nicaj¹, Rigels Nicaj²

**A CROSS SECTIONAL STUDY ON THE CORRELATION OF FLEXIBILITY WITH
SPEED IN YOUTH FOOTBALL**

Gentjan MUCA, Rei NANAJ

**A COMPARISON STUDY IN YOUTH BASKETBALL PLAYERS IN ELBASAN
FOR JUMPING ABILITY BY POSITION**

Geri BICOKU, Engjëll SPAHIU, Xhulio ISUFI

**STUDENTS FAMILIARITY WITH ICT DURING ONLINE EDUCATION PROCESS
AT UNIVERSITY LEVEL**

Henri HYKA, Arjan HYKA

**A COMPARISON STUDY IN KARATE YOUTH MALE PARTICIPANT FOR
ANTHROPOMETRIC PARAMETERS**



Rigenc KERÇUKU¹ Florian MUCA²

GENDER DIFFERENCES DURING THE UNIVERSITY TEACHING PROCESS

Isa BALA Nelson HYSA Ervin BUCA

MOTIVATION OF STUDENTS DURING THE TEACHING PROCESS OF PHYSICAL EDUCATION

Joana DILJA, Alketa BORICI

AN INVESTIGATION STUDY ABOUT THE EVALUATION OF THE PRESTIGE OF PHYSICAL EDUCATION TEACHERS

Kadri HOXHA, Fatjon NURJA, Bardhyl LACEJ

THE LEVEL OF STRESS IN "PHYSICAL EDUCATION" IN THE ONLINE TEACHING

Alketa Borici, Joana Dilja, Juliana Çerekja

THE LINK BETWEEN INFORMATION TAKEN AT UNIVERSITY DEGREE LEVEL WITH THE REALITY AT A TEACHER OF PHYSICAL EDUCATION

Andi MIRAKU, Kliton MUCA

INNOVATIVE TEACHING METHODS IN ALBANIAN AND ITALIAN HIGHER EDUCATION INSTITUTIONS

Eriona ÇELA

DEVELOPMENT OF PHYSICAL AND MENTAL ABILITIES OF AUTISTIC CHILDREN THROUGH PHYSICAL EDUCATION AND SPORTS

Marjeta ÇEÇI, Alisa BIÇOKU



**PHYSICAL EDUCATION AND SPORTS IMPORTANT FACTORS IN COPING WITH
THE CONSEQUENCES OF THE COVID-19 PANDEMIC**

Nuredin ÇEÇI, Paola DISHANI

**ANTHROPOMETRICS PARAMETERS AND MOTOR SKILLS TO WOMEN
FOOTBALL PLAYERS**

Mirela CEMERI

**STUDENT PERCEPTION ABOUT CHANCES FOR PROFESSIONAL CAREER
GROWTH OF PHYSICAL EDUCATION**

Nelson HYSA Isa BALA Ervin BUCA